ACADEMIC ANXIETY AMONG STUDENTS: 
A COMPARATIVE STUDY OF PSEB, CBSE AND ICSE SCHOOLS

DR. NIMISHA BERI
ASST. PROFESSOR
LOVELY PROFESSIONAL UNIVERSITY, PHAGWARA.

ABSTRACT
Tests and examinations at all stages of education, especially at higher education level have been considered an important and powerful tool for decision making in our competitive society, with people of all ages being evaluated with respect to their achievement, skills and abilities. Test and examination stress is thought to prevent some individuals from reaching their academic potential. It has been found that students consistently perceive examination as a source of increase in anxiety and a situation engulfed with uncertainty/unfairness in letting them demonstrate their true achievements. Such feelings among students’ limit their potential performance during the test situation, resulting in higher academic anxiety. Therefore to know the academic anxiety of secondary school students the study was conducted.

KEY WORDS: ACADEMIC ANXIETY, PSEB, CBSE, ICSE.

REFERENCES


Baldwin R 1967 walnut ... Baldwin Model R Piano for Sale - Brand New Baldwin Piano by.


Nalini 1997 Baruch's (New Zealand) professional profile on LinkedIn. LinkedIn is the ... LOT EIGHT. January 1997 – Present (17 years 4 months) Martinborough.


